



EMERGENCY SURVIVAL PROGRAM

# REDUCE YOUR RISK IN 2006

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Then	and	Now

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# February Secure it Now!

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# March Make A Plan

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# April Make Disaster Kits

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## May Is Your Place Safe?

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# June Drop, Cover, and Hold On

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# July Check it Out!

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# August Communicate and Recover!

#### September Back to School

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# October Fire and Ice

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#### November Test Your Plan

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#### December Lend a Hand

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Developed by the County of Los Angeles and coordinated by the Counties of Contra Costa, Imperial, Inyo, Kern, Los Angeles, Marin, Mono, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Santa Cruz, and Ventura; the Governor's Office of Emergency Services; Southern California Edison; the Southern California Earthquake Center and the American Red Cross.

## www.espfocus.org

For more information call: Joyce Harris, Los Angeles County, Office of Emergency Management, (213) 974-1166

## Make Disaster Kits **linqA**

whistle, fire extinguisher, etc. kit, cash, extra medications, a portable radios, batteries, a first aid include food, water, flashlights, Your disaster supplies kits should emergency on you and your family. a terrorist incident or other the impact of an earthquake, supplies readily available can reduce your vehicle. Having emergency locations at home, at work and in supplies kits stored in accessible Everyone should have disaster

#### Planning for an earthquake, terrorist Make A Plan March

water heaters, etc. Securing these bookcases, furniture, unstrapped unsecured televisions, computers, identify and fix things such as Conduct a "hazard hunt" to help earthquake or other disaster. of injury or death following the next school can greatly reduce your risk neighborhood, workplace and hazards throughout your home, Reducing and/or eliminating

## Secure It Now! February

items now will help to protect you

aunc

tomorrow.

#### мом рив иэчт ղցողուչ

take now. brepare you for the safety actions to happened then and how it can Take time now to learn about what forced to take actions on your own. co-workers and classmates may be overwhelmed. You, your neighbors, response agencies might be of September 11, 2001, emergency earthquake, or the terrorism acts as the 1906 San Francisco In large regional earthquakes, such

#### Is Your Place Safe? May

and begin to fix them now. identify your building's weaknesses confractor or engineer to help you vulnerable pipes. Consult a unreinforced masonry and cripple walls, soft first stories, inadequate toundations, unbraced might consider checking include home. Some of the things that you the structural integrity of your things that you can do to improve homeowner or a renter, there are could be. Whether you are a Most houses are not as safe as they

# INO bloH

Drop, Cover, and

move with it until the shaking stops. hold on to it firmly. Be prepared to under a sturdy desk or table, and quakes, drop to the floor, take cover of death or injury. During earthcan save lives and reduce your risk such as "Drop, Cover, and Hold On", about. Taking the proper actions, at work, at school or just out and earthquake, whether you're at home, Learn what to do during an

emergency survival kit ready to go asked to evacuate. Have your and in good repair in case you are your car and other vehicles fueled an event. Also remember to keep heavy repair expenditures following winter weather, can help reduce impacts of wildfires and severe structural measures to avoid the including structural and nonlimely preparation, storms. wild land fires and lethal winter Preparedness is the key to surviving

#### Fire and Ice October

a <u>safe</u> place to learn. school is well prepared and that it is guardian, make sure your child's preparedness. If you are a parent or an important part of school food and other basic items, are also Emergency supplies, such as water, updated and exercised regularly. emergencies. They should be terrorism, earthquakes and other plans to meet the threat of Schools should have emergency

Back to School

September

ofher emergency. terrorist incident or major earthquake, the possibility of a guide for preparing for

monthly steps as your

fSP)'s new list of

Survival Program

Use the Emergency

EMERGENCY SURVIVAL PROGRAM

YOUR KEY TO SURVIVAL

www.espfocus.org. information sheets at monthly ESP Focus is available in the Additional information

#### rend a Hand December

local government agencies.

available from federal, state, and

disasters, resources will also be

For most Presidentially declared

to begin your claims process.

your insurance agent right away

your home is damaged, contact

information and safety advisories. If

on your portable radio for

step in your recovery efforts. Turn

communication will be an important

Following a major disaster,

Communicate and

Recover!

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resources now. Learn about these and other training for you and your family. Cross that can provide valuable program and the American Red Emergency Response Team (CERT) programs, such as the Community to lend a hand. There are many damaging event. You may be asked and unable to assist you after a personnel might be overwhelmed medical services and other Local fire, law enforcement,

together. Remember – Practice feel confident in being able to work members of your family or group emergency occurs. It will also help any weaknesses betore a real help you to identify and correct Testing your plan this way will terrorist attack or other disaster. make-believe earthquake, fire, to practice it. Plan a drill based on a emergency plan is going to work is One way to find out how well your

Test Your Plan

or county government.

prepared to report damage to city

sewage and electrical lines. Be

anch as damaged gas, water,

first aid and to identify hazards

You should be able to administer

in damage assessment techniques.

sure you are trained in first aid and

need immediate attention. Make

check for injuries and damages that

do following a major disaster is to

One of the first things you should

now, you will be ready for the next

pertinent information. By planning

emergency supplies and other

and number; the location of your

out-of-state contact person's name

evacuation and reunion plans; your

your emergency plan includes

party or vacation. Make sure that

much different from planning for a

attack, or other emergency is not

Check It Out!

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emergency.

November

Makes Perfect!

with you, just in case.

www.espfocus.org

Етегдепсу Ѕегиісея

City/County Office of

materials are available

Additional campaign

through your local